

*You're invited!*

# **PASTA PLUS!**



*Viaggio  
in  
ITALIA!*

## **Gourmet Food & Wine Trip**

*Featuring:* SICILIA & REGGIO DI CALABRIA



**Mondello, Palermo, Monreale, Mozia  
Castelvetrano, Segesta, San Vito Lo Capo  
Agrigento, Cefalú, Polizzi Generosa  
Taormina, Etna, Reggio di Calabria!**

**18 - 29 September 2011**

**\$4,235 p/p (all inclusive)**



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**PASTA PLUS**  
RESTAURANT, MARKET & GOURMET CARRYOUT

**Max & Sabatino Mazziotti**



*Travel Arrangements by*

**Guido Adelfio**

**Bethesda Travel Center LLC**

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## PRE-TRIP BRIEFING

Monday, 29 August, 2010,

Pasta Plus

Pre-trip briefing will be hosted by Max and Sabatino at Pasta Plus. The evening will feature *hors d'oeuvres* and wines from Sicily giving participants a chance to meet each other and for a Q&A with tour director Guido Adelfio, President of Bethesda Travel Center LLC.

## TRIP ITINERARY

**Sunday 18 September** Laurel - Newark - Palermo

Assembling at Pasta Plus at 11am, we will board our motorcoach for the run up I-95 to convenient Newark Airport (it's just about a 3h15 ride!). Here we will board our projected flights, Alitalia (AZ) 1154 to Rome, departing: 16h55 (airport seat assignments)

**Monday 19 September** Rome - Palermo - Mondello

Arrival in Rome (ETA 07h20), with connecting flight AZ 1777, ETD-ETA 09h05-10h15. Transfer now to Mondello Beach, suburb of Palermo. (Mondello Palace Hotel). Welcoming **dinner** in house this evening! (**Dinner**)

**Tuesday 20 September** Mondello - Palermo - Monreale

Daily hotel **breakfasts** are included each day. Today's activities will include detailed sightseeing of Palermo's historic city center and the Norman Palace with dazzling mosaics from the medieval days, along with

impressive Monreale Cathedral -

Are the best *cannoli* of Sicily are made here? You'll get to decide!

Seafood **dinner** on the waterfront in Mondello! (**Breakfast,D**)



**Wednesday 21 September** Mondello - Mozia - Castelvetro - Mondello

A day trip today to explore the western end of Sicily including the famed salt works at Mozia as well as the Pignatelli reserve in Castelvetro for a cooking demonstration, *degustazione* and **lunch**, including the exceptional local olive oils! Late afternoon return to Mondello in time for independent dinners in seaside Mondello! (**B,L**)

**Thursday 22 September** Mondello - Segesta - San Vito Lo Capo - Mondello

Today's excursion will begin with the hilltop temple of Segesta, offering a chance to see one of the only fully intact Greek temples still standing today. Continuing to San Vito Lo Capo we will enjoy a gourmet **lunch** at Pocho - spectacular views! Return to Mondello now for a free evening to explore the fisherman's village, now transformed into a local scene of *trattorie* and *ristoranti*! (**B,L**)

**Friday 23 September** Mondello - Agrigento - Mondello

Day trip today to Agrigento's Greek Valle dei Templi for a guided visit to the remarkable city, temples and necropolis so well preserved even after nearly 27 centuries! Return to Mondello for **dinner**. (**B,D**)



**Saturday 24 September** Mondello - Cefalu' - Madonie - Taormina

Heading off this morning to the fishing village of Cefalu', we will have a chance to visit and explore the town and its iconic cathedral. A stop in the Madonie Mountains will allow us to see the village of Polizzi Generosa with a sampler **lunch** of local specialties before transiting Sicily to reach Taormina on the east coast - reach Grand Hotel Capotaormina (3 nights) in time for **dinner**. (**B,L,D**)

**Sunday 25 September** Taormina

A relaxing day today with a detailed look at lovely Taormina, perched on the slopes of Etna with Greek-era theater and lovely shopping streets. The afternoon will be free, with **dinner** of local specialties (enjoying a long seacoast, Sicily is known for its seafood!)! (**B,D**)



Well, it's been more than 40 years since Max Mazziotti and his brother Sabatino came to Washington from the Abruzzo region of Italy! Success quickly followed and since 1983 their **Pasta Plus Restaurant and Market** has become an institution in the Laurel community!

Max's loyal customers soon began requesting unique gourmet food and wine trips to Italy, and so about 16 years ago Max organized his first adventure to Tuscany and Rome. Since then, annual Pasta Plus trips have visited nearly every region of Italy and now, in 2011 we're going to enjoy Sicily and Reggio di Calabria in the far south!

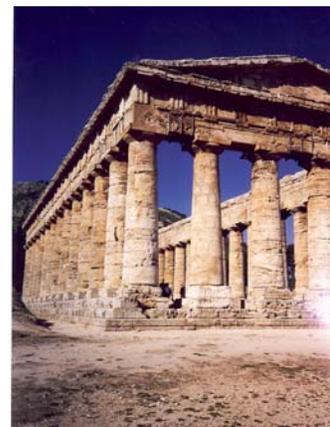


*Buonissimo, Max!*

All the details are here,, and now, won't you join us in Italy?? You will never ever forget it! Our promise!

Max and his wife Rosa are reuniting with Guido Adelfio of Bethesda Travel Center,

which has specialized in unique customized trips to Italy since 1961! A deposit of \$1,250 per person is all you need {Oh, and a passport too!} & Guido will take care of the rest! Any questions?? Please call him at 301-656-1670 or email [ciao@bethesdatravel.com](mailto:ciao@bethesdatravel.com)





**Monday 26 September Taormina - Etna - Taormina**  
 Today's adventure will take us to Mount Etna, 3,000 meter high volcano which has been a symbol of Sicily since the days of Greek domination. Do you remember the Odyssey? Polyphemus, the Cyclops, lived here in mythology! A cable car ride and *degustazione* wine tasting on the slopes of Mt. Etna will complete our excursion! Back to Taormina for seaside **dinner** this evening! (B,D)

**Tuesday 27 September Taormina - Reggio di Calabria**  
 A free morning today for a final look at Taormina with time to relax and explore (shopping, ladies!) before heading to the ferry that will take us to Calabria. Overnight in Reggio di Calabria with **dinner** Hotel Excelsior (2 nights). (B,D)

**Wednesday 28 September Reggio di Calabria**  
 A day of guided exploration of Reggio di Calabria, including a visit to the bronzes of Riace, a pair of remarkably well-preserved Greek warrior statues from the VI-c BC that were rediscovered on the sea floor roughly 35 years ago. Farewell **dinner** this evening of local Calabrian specialties! (B,D)

**Thursday 29 September Reggio di Calabria - Rome - Newark**  
 Early alarms this morning as we will transfer to the local airport for our return flights, AZ 1154, from Reggio to Rome (06h55-08h10) with connecting service via AZ 642 to Newark (10h15-13h50) (airport seat assignments, as always with group travel). From Newark we will embark our charter bus returning to Laurel, with ETA 18h45.

**WELCOME HOME!!**



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# You're Invited!



**Won't you join** Max & Rosa Mazziotti for a unique journey to the regions of Sicily and Calabria? This year's trip is planned from 18 - 29 September 2011, and the all-inclusive price of \$4,235 will provide you with round trip airfares (in coach), transportation from Laurel to Dulles and throughout Italy by privately chartered motorcoach, all hotel accommodations in 4-star hotels with daily hotel breakfasts, touring, entry fees and all excursions, as well as all meals and *degustazioni* indicated in the detailed itinerary, along with carefully selected wines representative of the local territory. Also included are all taxes, current fuel surcharges, and agency/professional/ operational expenses associated with making and carrying out these complex group arrangements on your behalf. The trip will be escorted by Guido Adelfio, president of Bethesda Travel Center LLC, and please note that travel insurance and Bethesda Travel's "Reassurance" cancellation waiver are available and strongly recommended for your protection. Bethesda Travel reserves the right to pass along any future airline or bus charter fuel surcharges, as well as to make

technical adjustments and improvements in the itinerary here described. An initial deposit of \$1,250 per person is requested by immediate return check to secure your spot on the trip. Your deposit will be freely refundable up until 01 June, the balance date, after which all payments will be 100% non refundable. Please let Bethesda Travel know at time of enrollment if you would like to go early or stay longer,, Or if you would like to fly in the business class cabin!



Pasta Plus trips have sold out every year, so please don't wait!  
We truly look forward to your interest & participation!

## ENROLLMENT APPLICATION

please complete and submit with your deposit check payable to **Bethesda Travel Center LLC**

Att Guido Adelfio – Bethesda Travel Center LLC – 4422 East West Highway – Bethesda MD 20814  
Tel: +1 301.656.1670 – Email: [ciao@bethesdatravel.com](mailto:ciao@bethesdatravel.com)

Dear Guido, YES! Please tell Max & Rosa I am/We are coming!!

Exact Passport Names(s): .....  
Date(s) of Birth: .....

Mailing Address: ..... Email: .....  
..... Tel: .....  
..... Cell: .....

My/our deposit of \$1,250 per person, by check, payable to **Bethesda Travel Center LLC** is here enclosed, along with passport copy(ies). {A few single rooms are available for supplement of \$735 - please so indicate here .....}

I/we have carefully read and agree to the above, and I/we hereby attest that I am/we are in reliable physical condition and able to walk up to 1.5 miles at a stretch.

X (signed) .....



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